

# LOOK HERE FIRST



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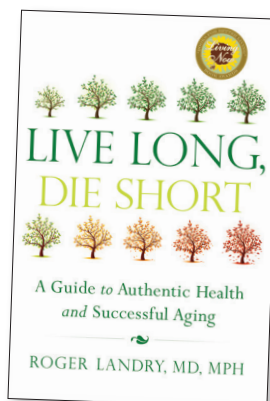
[www.framinghamlibrary.org](http://www.framinghamlibrary.org)

## **Live Long, Die Short: A Guide to Authentic Health and Successful Aging**

**Author Talk with Dr. Roger Landry**

Thursday January 10, 2pm – Main Library, Costin Room

Dr. Roger Landry will be giving a talk followed by a book signing. His book is the basis for our Healthy Living Series 6-part program Live Long, Die Short (details on page 2). Dr. Landry is a preventive medicine physician who specializes in building environments that empower older adults to maximize their unique potential.



**This new year is going to be an exciting one for the Library and our Community!**

There are lots of new Library happenings in the months ahead. Learn about our new space, our improved space, and how we will be seeing you out in the Community, on page 3.

**NOTE:**  
Watch for big things!

## **SUNDAY CONCERT SERIES: Calyx Piano Trio**

Sunday January 6, 3pm – Main Library, Costin Room

The Calyx Piano Trio will be performing the music of Beethoven,



Beach and Tailleferre. Formed in 2001, their name comes from the botanical term meaning the sepals of a flower, often in multiples of three, that encase a flower bud. Catherine French, violin, Jennifer Lucht, cello, and Nina Ferrigno, piano, the group's bright and accomplished musicians, have earned Calyx the reputation of defying stereotypes with a repertoire that combines classical masterworks with original pieces by living composers.



The series is sponsored in part by Metro Credit Union, Roche Brothers Markets, Brookdale Senior Living Solutions, St. Mary's Credit Union and Friends of the Framingham Library.

## **ADVENTURES IN LIFELONG LEARNING: JOHN L. HEINEMAN INTERSESSION**

Fridays, January 25, February 1 and February 8, 9:30am-2:35pm – Main Library, Costin Room



Our latest installment in our Adventures in Lifelong Learning series features **The Renaissance in Europe, 1400-1600**. Please register in advance on our website or pick up a registration form at the Library. Registration help will be available January 17, 11am-12:30pm at the Main Library.

The Adventures in Lifelong Learning series is a partnership with Framingham State University.

## **COMING FEBRUARY 1-11**

**Adventures in Lifelong Learning: The Renaissance in Europe (Session 2)**

February 1, 9:30am – Main Library

**Healthy Living Series: Stretch and Meditate with Laila Vehvilainen**

February 8, 1pm – McAuliffe Branch Library

**Films Around the World: Aftermath (Poklosie)** February 11, 2pm – Main Library

**January 2019**  
Vol. 5 | No. 1

### **Main Library**

49 Lexington Street | 508-532-5570  
Monday-Thursday 9-9  
Friday-Saturday 9-5  
Sunday 1-5 (see schedule for closed Sundays)

### **Christa McAuliffe Branch Library**

746 Water Street | 508-532-5636  
Monday-Thursday 9:30-9  
Friday-Saturday 9:30-5  
Sunday Noon-4 (see schedule for closed Sundays)

### **Holiday Hours**

Both Libraries will close at 5pm on Monday December 31, and be closed Tuesday January 1 for New Year's, and Sunday-Monday January 20-21 for Martin Luther King, Jr. Day.

## **did you know?**

Did you get a new digital device during the holidays? You can meet with a librarian for help using OverDrive, Hoopla, or Mango on your tablet, smartphone or eReader. Please go to [www.framinghamlibrary.org/tech](http://www.framinghamlibrary.org/tech) for more information.

**Be AMAZED**  
Books are just the beginning!

CONNECT WITH US ON:



Funding for this newsletter is provided by The Friends of the Framingham Library.

Funding for Library programs and refreshments is provided in part by the Friends of the Framingham Library.

Additional refreshments generously provided by Trader Joe's.

# FILMS

## MCAULIFFE MATINEE: *Finding Your Feet* (2018) 1 hr. 51 min. Rated PG-13.

Wednesday January 23, 2-4pm – McAuliffe Branch Library, Community Room

When 'Lady' Sandra Abbott discovers that her husband of 40 years is having an affair with her best friend, she seeks refuge in London with her estranged, bohemian sister Bif. The two could not be more different, but different is just what Sandra needs at the moment. Reluctantly letting Bif drag her along to a community dance class, she starts finding her feet and romance as she meets her sister's colorful friends. A light British comedy.



## FRIDAY NIGHT FLICKS: *First Man*

(2018) 2 hr. 22 min. Rated PG-13

Friday January 25, 7pm – Main Library, Costin Room  
Enter on the Lexington Street side from 6:30-7:15pm.

First Man looks at the life of astronaut Neil Armstrong and the legendary space mission that led him to become the first man to walk on the Moon. Starring Ryan Gosling, Claire Foy and Jason Clarke.



## MONDAY MATINEE: *The Old Man & the Gun*

(2018) 1 hr 33 min. Rated PG-13.

Monday January 28, 2pm – Main Library, Costin Room

Based on the true story of Forrest Tucker and his escape from San Quentin at the age of 70 to an unprecedented string of heists that confounded authorities and enchanted the public. Starring Robert Redford, Sissy Spacek and Casey Affleck.



## Framingham Community Song Circle

Saturdays at 3-4:45pm

January 12 – Main Library, Costin Room

February 16 – McAuliffe Branch, Community Room

March 16 – McAuliffe Branch, Community Room

**Everyone can sing!**

Come join us in singing old favorites and learning new songs too. Folk music from many traditions, the 60s folk revival, rounds, hymns, gospel and more. Bring your instrument and play along! Kid-friendly, and refreshments provided.



## TECtalks eBooks and More

Wednesday January 9, 11am-12noon – McAuliffe Branch, Community Room

You've heard you can download eBooks from the Library website, but did you know you can also download movies, music, magazines? Or that you can read Consumer Reports or *The New York Times* from home? Please join us for an overview of what digital resources are available to you and how you can access them.

## Healthy Living Series Classes

Sponsored in part by a grant by the MetroWest Health Foundation

METROWEST  
HEALTH  
FOUNDATION

### Stretch and Meditate with Laila Vehvilainen

Tuesdays January 15, 22 and 29, 1-1:45pm – McAuliffe Branch

### Live Long, Die Short with Laila Vehvilainen and Linda Bellefeuille

Fridays January 4 and 11, 2-3:45pm – Main Library, Costin Room

### Cultivating Resilience and Successful Aging – Workshop and Exercise Program.

Laila Vehvilainen will lead a workshop from 2-3pm which will be followed by a Chi Gong exercise class taught by Linda Bellefeuille for 45 minutes.

## Poetry Workshop

Tuesdays January 22 and 29, 7-9pm – Main Library, Trustees Room

Led by Alan Feldman, Professor Emeritus at Framingham State Univ.

This drop-in class welcomes serious poets of all ages and levels of experience who would like to participate for one or more sessions. We begin with a discussion of a topic in poetry leading to a brief in-class assignment. Poets who wish to have their work discussed should bring copies.



## SAVE THE DATE!

Coming Wednesday, February 27

### The Kevin Harris Project presents "Embers"

7pm – Main Library, Costin Room

New York-based jazz pianist Kevin Harris will join us for a unique and timely performance that highlights social justice.

### Watch Shelf Life, our half hour talk show on the Government Channel.

Check your local listings for show times. You can also view previous episodes on our website.

## BOOK SALE!

Saturday January 19 – Main Library

9:30am-3pm: Open to Friends Members  
10am-3pm: Open to the Public

Most Books \$1.00 or less, Children's \$.50 or less, single DVDs \$2.00

3 Rooms + the lobby chock full of books

This month we have a special selection of paperback books at \$2.00 each in the lobby. We are also featuring CDs at 2 for \$1.00 for singles and \$2.00 for multi CD sets. We have a huge children's section, books of all genres, and a selection of foreign books and movies.

Because of your support of the Friends, we are able to provide free movies, concerts, programs, museum passes, audio books, CDs, Children's Room apps and more.

Thank you to Eversource for joining as a new corporate member.





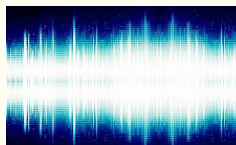
## Coming Your Way in 2019!

The Framingham Public Library is excited about three brand new spaces and experiences that will be available to the public early this year.

In the past year the Library and the Framingham Public Library Foundation have been hard at work on a number of innovative and impactful projects that, with the help of the community, are set to launch in the next few months.

### Experience Our State-of-the-Art Costin Room

Beginning early in the new year, the aging equipment in the Costin Room will be updated with a state-of-the-art projector, new projection screen and advanced sound technology. New seating will further enhance this premier event venue. The installation of cameras and a control room with recording and broadcasting equipment will help us share more of our world class musical performances, lectures, children's programming and instructional programming on our website and local television.



### Innovate, Create and Collaborate in Our Makerspace

Opening in the next couple of months, our re-imagined Children's Craft Room will become our new Makerspace, an interactive creation zone brimming with resources for all ages. Our Makerspace will have the tools and materials you need to explore your creativity and curiosity, including a 3D Printer, robotics kits, coding and design software, iPads, wide scale laminator, wide format printer, film to digital converter, photography supplies, sewing machine, felting and textile crafts, knitting needles and yarn, art supplies, hand tools, and more!

### You Can Help Create the FPL Family Makerspace

Your contribution will help us stock our new Makerspace with the tools and materials that will encourage inspiration and innovation for all ages!

To contribute go to [www.fplf.org/](http://www.fplf.org/) donate-now, or make out a check to the Framingham Public Library Foundation. Mail it to the FPLF, 49 Lexington St., Framingham, MA 01702.

Thank you for your support.



### Get on Board Our New 21st Century Bookmobile



Our fully accessible Bookmobile is currently being readied and will hit the road during National Library Week, April 7-13! This will be a true library on wheels with technology, programming, research help, and of course books, movies and music! We are so excited to bring the Library to schools, senior centers, daycare centers, homebound patrons, neighborhoods and special events all over the City.

All this and much more is in the works here at the Library! It's all about listening to our community, meeting its needs, and creating a great Library for a great City.

## BROWN BAG LEARNING SERIES

(Brown Bag Brain Boost)

Join us from 12-1pm one Friday a month for an educational and entertaining free lunch time program featuring speakers from local businesses and organizations. Guests are welcome to bring their lunch; refreshments will be provided. Main Library, Costin Room.

### JANUARY 4: ROCKET-FUELED METABOLISM

Presented by Dr. Chris Hauck

### FEBRUARY 1: KEEPING YOUR HEART HEALTHY

This program is in the Children's Program Room.

## The Homework Center

The Homework Center Program provides free tutoring, homework and school project help to all Framingham students K-12. We are open Monday through Thursday 2:30-5:30pm.

For more information and to schedule tutoring, please contact [Jgatlin@minlib.net](mailto:Jgatlin@minlib.net).

## Citizenship Corner News

*Are you interested in becoming a citizen?* Come to a workshop on **Tuesday January 15, 7-8:30pm** in the **Citizenship Corner** (Framingham Main Library, 3rd floor). We will review eligibility to apply, documents needed to complete the application, how to file your application, and more!

## LVM Literacy Unlimited

Are you interested in tutoring with *Literacy Unlimited*? Come to an information session to find out more about our adult tutoring program!

**Thursday January 17, 10am-12noon, Framingham Main Library, Trustees Room.**

Training for ESOL (English for Speakers of Other Languages) will meet **Thursdays, January 24 to February 28, 10am-1pm in the Trustees Room.**

We require registration for the 6-week tutor training. Please see the website <https://framinghamlibrary.org/literacy/our-program/become-a-tutor/> for more information and to register.



# YOUNG ADULTS

## PROGRAMS FOR GRADES 6-12

### AniManga Club

Saturday January 5,  
1:30-3:30pm –  
Main Library,  
Children's  
Program Room



AniManga club is for everyone who enjoys all things Anime and Manga. We'll be watching an assortment of your favorite anime TV shows, and eating some delicious Japanese snacks.

### Video Game Hangout

Thursday January 17, 3-5pm –  
Main Library, Costin Room

Video games and snacks, what more could you want!?

### Doggo Donations

Thursday January 24, 3-4:30pm –  
Main Library, Costin Room  
Thursday January 31, 3-4:30pm –  
McAuliffe Branch Library,  
Community Room

The Framingham Public Library loves animals, and we love giving back to the community.

We'll be hosting two programs, one at each FPL location, where Framingham teens can make homemade dog and cat toys to be donated to Buddy Dog Humane Society in Sudbury.



### Drop-in Resume Help

Tuesdays January 8, 15, 22 and 29, 10am-12:30pm – Main Library

Get expert help with resumes, cover letters and job-search strategies.

### Journal Writer's Group

Tuesdays January 8, 15, 22, and 29, 7-8pm – Christa McAuliffe Branch, Community Room

Drop-in or join the group as we discuss and discover the many ways to journal for personal growth and enrichment.

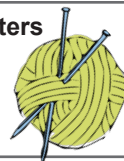
### Community Puzzle Swap!

Monday January 14,  
7-8pm –  
McAuliffe Branch,  
Community Room

What to do with jigsaw puzzles you've completed?

Swap them! Bring your puzzles to exchange with others. No puzzle to swap? Come anyway; we always have extras for you to try. Primarily 500+ pieces, but all ages and levels welcome.

Join the Main Library Knitters every Wednesday and the 2<sup>nd</sup> & 4<sup>th</sup> Saturday of every month, 10-11am! Beginners welcome.



### Veterans Coffee Hour

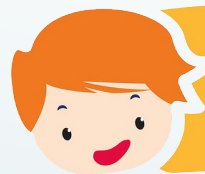
Friday January 18, 9:30-10:30am – McAuliffe Branch, Craft Room  
**Monthly Event**

All Vets are welcome to join us for free coffee and light refreshments.



### Ongoing Food Drive at the Main Library

Please consider donating to our food drive to support the Hope Worldwide Framingham Food Pantry! If you prefer to write a check, you can mail it to: Hope Worldwide Food Pantry, 214 Concord St., Framingham, MA 01702. THANK YOU!



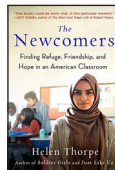
Please see pages 5 & 6 for Children's Events!

## BOOK CLUBS

### MAIN LIBRARY

#### *The Newcomers* by Helen Thorpe

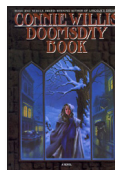
Tuesday January 8, 7-8pm – Main Library, Trustees Room  
Join us for a discussion of this celebrated novel from the award-winning author of *Soldier Girls* and *Just Like Us*. *The Newcomers* is an "extraordinary" (*The Denver Post*) account of refugee teenagers at a Denver public high school and their compassionate teacher and "a reminder that in an era of nativism, some Americans are still breaking down walls and nurturing the seeds of the great American experiment" (*The New York Times Book Review*).



### SCI-FI

#### *Doomsday Book* by Connie Willis

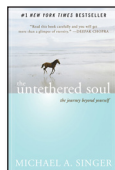
Wednesday January 9, 7-8pm – Main Library, Trustees Room  
Kivrin time travels to the Middle Ages during the onslaught of the Black Death, but becomes stranded there due to a strange link between past and present. As her colleagues scramble to rescue her, she becomes a symbol of hope to the people of that time. Led by Marcy Maiorana.



### MINDFULNESS

#### *The Untethered Soul: The Journey Beyond Yourself* by Michael A. Singer

Saturday January 12, 10am – Main Library, Trustees Room  
This outstanding book seeks to free us from habitual thoughts and emotions. The author writes that our inner narration provides only the semblance of control of our world. Do you dare to be fully conscious without buffering what is outside of you? Join our book discussion, followed by a short meditation. Led by Harriet Weiner.



### MCAULIFFE BRANCH

#### *The Circle* by Dave Eggers

Thursday January 17, 10-11am – McAuliffe Branch, Community Room  
This novel depicts the life of a young worker at a fictional San Francisco-based technology company in the near future, as she faces doubts about her vocation, due to the company's seemingly well-intentioned innovations revealing a more sinister underlying agenda. Dave Eggers is the celebrated author of *A Hologram for the King* and other bestselling books. Led by Brigitte Griffin.





# DISCOVER GROW CREATE!

## CHILDREN'S PROGRAMS JANUARY 2019

### Main Library Special Events

#### Dads, Donuts and Discoveries

Saturday January 5, 10-11am, Costin Room. All ages.

Bond with your dad (and with donuts) through stories and songs and while discovering new friends and activities. Mothers, siblings and other family members welcome!

#### Movie Matinee: *Teen Titans Go! To the Movies* (2018) 84 minutes, rated PG for action and rude humor.

Saturday January 5, 2-4pm, Costin Room. All ages at parents' discretion.

The Teen Titans set out for Hollywood stardom and are sidetracked by a villain intent on world domination.

#### Origami Club

Wednesdays January 16 and 30, 4:15-5pm, Children's Craft Room. Ages 7+.

We will be folding a variety of animals and geometric shapes. Led by Lucas Gustafson, a high schooler who started folding at the age of 6 and is a longtime member of the Origami Club at MIT.

#### Bookmarkers: with Haley Hein

Thursdays January 3 (Grades K-2) and January 17 (Grades 3-5), 7-7:30pm, Children's Program Room.

Enjoy reading by meeting with friends to choose, read, and discuss books together. You'll increase your comprehension, discuss what you know, and turn reading into a social activity that encourages more reading!

#### Winter Wonderland with Framingham High's National Art Honor Society (NAHS)

Saturday January 12, 1-4pm, Children's Craft Room. All ages.

Come join our winter wonderland! There will be art on display created by the members of NAHS along with activities and crafts for kids to create.

#### Makers' Workshop with local author Brett Fleishman

Saturday January 19, 2-3:30pm. Ages 8-12.

Come learn about puns and how Brett employs them as 'surprise endings' in his poetry. You'll learn about homonyms and puns, see them used in Brett's poetry and then create your own punny poems!



*Come check out Brett's workshop. All the COOL kids will be there!*

#### Open LEGO

Saturday January 26, 2-4pm, Children's Craft Room. Grades K+.

Drop in and make something creative with our supplied LEGOs. Look through our LEGO idea books to make something super exciting or design your own structure! Leave your name with the creation, and we'll display it on top of our shelves for a month!

### Christa McAuliffe Branch Special Events

#### Open Play

Saturday January 12, 10-11:30am, Craft Room. All ages.

Drop in and make something creative with Keva Planks, Legos, Magnatiles, and more!



#### Mother Goose on the Loose! returns

Wednesdays, January 9-February 27, 10:15-10:45am, Children's Program Room.

Ages 0-3 accompanied by a caregiver.

**Pre-registration IS required. Please call 508-532-5570 x4.**

Mother Goose on the Loose is an eight-week, thirty-minute program that uses rhymes, songs, puppets, instruments, and more to stimulate the learning process of babies and toddlers.

#### Main Library

49 Lexington St. | 508-532-5570  
Monday-Thursday 9-9  
Friday-Saturday 9-5  
Sunday 1-5 (see schedule for closed Sundays)

#### Christa McAuliffe Branch Library

746 Water St. | 508-532-5636  
Monday-Thursday 9:30-9  
Friday-Saturday 9:30-5  
Sunday Noon-4 (see schedule for closed Sundays)

#### Holiday Hours

Both Libraries will close at 5pm on Monday December 31, and be closed Tuesday January 1 for New Year's, and Sunday-Monday January 20-21 for Martin Luther King, Jr. Day.

Funding for this flyer is provided by the Friends of the Framingham Library.




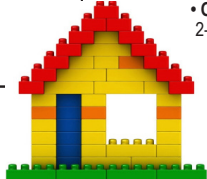
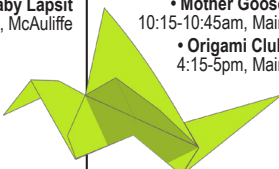




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# CHILDREN'S PROGRAMS JANUARY 2019

See more details on page 1 and below

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		New Year's Day 1 <b>Both Libraries Closed</b>	2 • Stories for Scooters 10:15-10:45am, Main 	3 • Weekly Story Time 10:15-10:45am, Main • Play Space Activities 6-8pm, Main • Bookmarkers (K-2) 7-7:30pm, Main	4 • Drop-in Baby Lapsit 10:30-11am, Main • Play Space Activities 6-8pm, Main	5 • Dads, Donuts and Discoveries 10-11am, Main • Movie Matinee: Teen Titans Go! To the Movies 2-4pm, Main • Book Buddy Reading to Dogs 3-4pm, Main
6	7 • Weekly Story Time 10-10:20am, McAuliffe	8 • Drop-in Baby Lapsit 10-10:30am, McAuliffe	9 • Mother Goose 10:15-10:45am, Main	10 • Weekly Story Time 10:15-10:45am, Main • Play Space Activities 6-8pm, Main	11  • Play Space Activities 11am-1pm, Main	12 • Open Play 10-11:30am, McAuliffe • Drop-in Baby Lapsit 10:30-11am, Main • Winter Wonderland 1-4pm, Main
13 • Book Buddy Reading to Dogs 2-3pm, Main	14 • Weekly Story Time 10-10:20am, McAuliffe	15 • Drop-in Baby Lapsit 10-10:30am, McAuliffe	16 • Mother Goose 10:15-10:45am, Main • Origami Club 4:15-5pm, Main	17 • Weekly Story Time 10:15-10:45am, Main • Play Space Activities 6-8pm, Main • Bookmarkers (3-5) 7-7:30pm, Main	18 • Drop-in Baby Lapsit : 10:30-11am, Main • Play Space Activities 11am-1pm, Main	19 • Book Buddy Reading to Dogs 3-4pm, Main • Makers' Workshop 2-3:30pm, Main
20 <b>Both Libraries Closed</b>	Martin Luther King, Jr. Day 21 <b>Both Libraries Closed</b>	22 • Drop-in Baby Lapsit 10-10:30am, McAuliffe	23 • Mother Goose 10:15-10:45am, Main 	24 • Weekly Story Time 10:15-10:45am, Main • Play Space Activities 6-8pm, Main	25 • Play Space Activities 11am-1pm, Main	26 • Book Buddy Reading to Dogs 10-11pm, McAuliffe • Drop-in Baby Lapsit 10:30-11am, Main • Open Lego 2-4pm, Main 
27 • Book Buddy Reading to Dogs 2-3pm, Main	28 • Weekly Story Time 10-10:20am, McAuliffe	29 • Drop-in Baby Lapsit 10-10:30am, McAuliffe 	30 • Mother Goose 10:15-10:45am, Main • Origami Club 4:15-5pm, Main	31 • Weekly Story Time 10:15-10:45am, Main • Play Space Activities 6-8pm, Main		

## Main Library Ongoing Events

### Weekly Story Time

Thursdays 10:15-10:45am, ages 3-5.  
Stories, school readiness activities, and a craft.

### Stories for Scooters

Wednesday January 2, 10:15-10:45am, ages 0-3 accompanied by a caregiver.  
Twenty fun-filled minutes of interactive tales and tunes with playtime afterward!

### Special Play Space Activities

Thursdays 6-8pm and Fridays 11am-1pm, preschool ages.\*  
Play with the rotating stations in our new Play Space. Check out our Facebook page to discover which station we will showcase each week.

### Drop-In Baby lapsit

Fridays January 4 and 18 and Saturdays January 12 and 26, 10:30-11am, ages 0-2 accompanied by a caregiver.  
Sing and play with rhyme, and puppets!

### Book Buddy: Reading to Dogs

Sundays January 13 and 27, 2-3pm, and Saturdays January 5 and 19, 3-4pm, all ages.  
Registration required. Call 508-532-5570 x4 or drop by to sign up for a 15 minute slot.  
Improve your reading skills by reading aloud to your Book Buddy. Certified Reading/Therapy Dogs listen as children read.

**Mother Goose on the Loose! returns** (see other side)  
All in Children's Program Room. (\*Children's Room)

## McAuliffe Branch Ongoing Events

### Weekly Story Time

Mondays 10-10:20am, ages 2-4.  
Stories, school readiness activities, maybe a craft.

### Drop-In Baby lapsit

Tuesdays 10-10:30am, ages 0-2 with an adult.  
Sing and play with words, rhyme, and puppets!

### Book Buddy: Reading to Dogs

Saturday January 26, 10-11am, all ages.\*  
Registration required. Call 508-532-5636 x5 or drop by to sign up for a 15 minute slot.  
Improve your reading skills by reading aloud to your Book Buddy. Certified Reading/Therapy Dogs listen as children read.

All in Children's Room. (\*Craft Room)