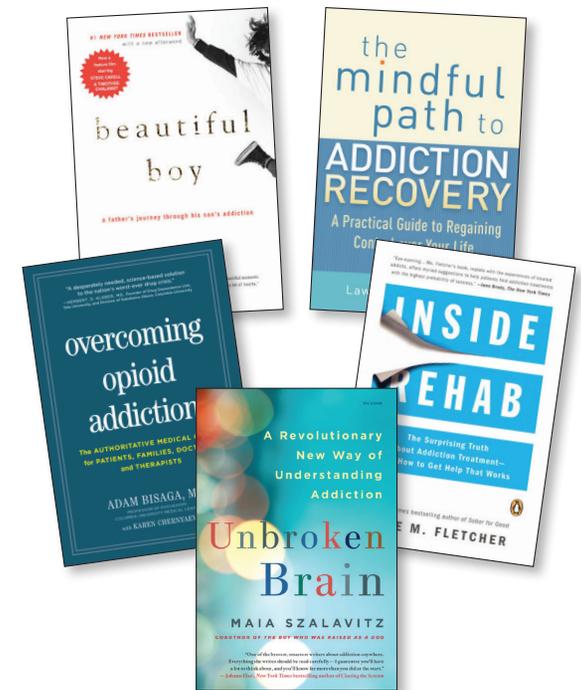


Recovery and Substance Use Disorder

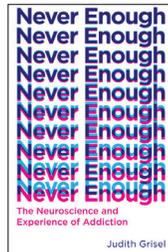
BOOKLIST



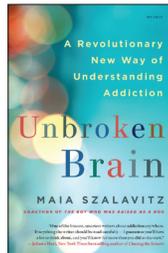
THE SCIENCE OF ADDICTION

Never Enough: The Neuroscience and Experience of Addiction

by Judith Grisel
2019. 616.86 Grisel



The Thirteenth Step: Addiction in the Age of Brain Science by Markus Heilig 2015. 616.86 Heilig

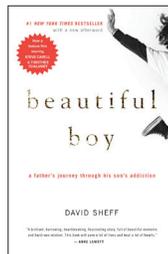


Unbroken Brain: A Revolutionary New Way of Understanding Addiction by Maia Szalavitz 2016. 362.29 Szalavitz

PERSONAL NARRATIVES

Beautiful Boy: A Father's Journey Through His Son's Addiction by David Sheff

2008. 362.29 Sheff
This heartbreaking and astute account of Sheff's experience of his son's addiction and eventual recovery viscerally depicts the hope-tainted despair, anguish, and havoc that addiction can wreak on an entire family.



Blackout: Remembering the Things I Drank to Forget by Sarah Hepola

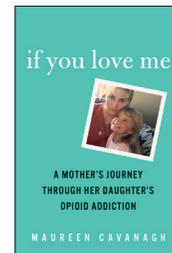
2015. 362.292 Hepola
A candid, witty, and moving memoir of alcoholism, semi-forgotten self-destruction, and redemption.

Everything is Horrible and Wonderful: A Tragicomic Memoir of Genius, Heroin, Love, and Loss by Stephanie Wittels Wachs

2018. 362.293 Wittels Wachs
In a heartbreaking and cathartic memoir, Wachs tells the tragic story of the overdose death of her successful comedian brother and recounts the difficulties of caring for a high-functioning addict.

If You Love Me: A Mother's Journey Through Her Daughter's Opioid Addiction

by Maureen Cavanagh
2018. 362.29 Cavanagh
Cavanagh, founder of a nonprofit peer-support group for those living with or affected by substance use disorder, paints a vivid portrait of her attempts to deal with her daughter Katie's heroin addiction in a small town outside Boston.



Ninety Days: A Memoir of Recovery

by Bill Clegg
2012. 362.29 Clegg
A raw, affecting chronicle of repeated failure and repeated efforts at redemption on the road to recovery.

The Recovering: Intoxication and Its Aftermath by Leslie Jamison

2018. 362.292 Jamison
Leslie Jamison navigates her personal story and interweaves stories of famous addicts and of the diverse people she's met at recovery meetings.



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THE OPIOID ADDICTION CRISIS

American Fix: Inside the Opioid Addiction Crisis—And How to End It by Ryan Hampton
2018. 362.29 Hampton

American Overdose: The Opioid Tragedy in Three Acts by Chris McGreal
2018. 362.29 McGreal

Dopesick: Dealers, Doctors, and the Drug Company that Addicted America
by Beth Macy
2018. 362.29 Macy

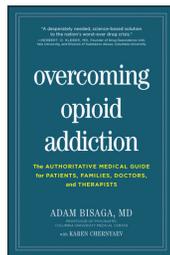
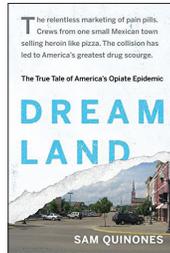
Dreamland: The True Tale of America's Opiate Epidemic
by Sam Quinones
2015. 362.293 Quinones

Our 50-State Border Crisis: How the Mexican Border Fuels the Drug Epidemic Across America by Howard G. Buffett
2018. 363.28 Buffett

Pain Killer: An Empire of Deceit and the Origin of America's Opioid Epidemic
by Barry Meier
2018. 362.299 Meier

Overcoming Opioid Addiction: the Authoritative Medical Guide for Patients, Families, Doctors, and Therapists by Adam Bisaga
2018. On order.

NOVA: Addiction
DVD. On order.



TREATMENT AND RECOVERY

The Addiction Recovery Skills Workbook: Changing Addictive Behaviors Using CBT, Mindfulness, and Motivational Interviewing Techniques
by Suzette Glasner-Edwards
2015. 616.86 Glasner Edwards

The Addiction Solution: Treating Our Dependence on Opioids and Other Drugs
by Lloyd I. Sederer
2018. 362.29 Sederer

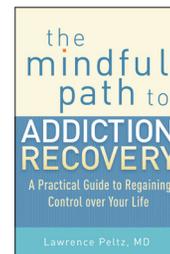
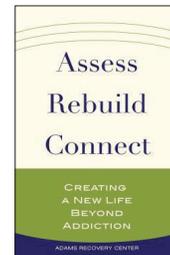
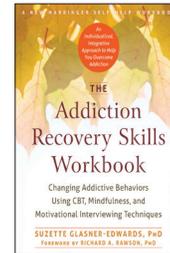
Assess, Rebuild, Connect: Creating a New Life Beyond Addiction
by Adams Recovery Center
2018. 362.29 Assess

Beyond Addiction: How Science and Kindness Help People Change by Jeffrey Foote
2014. 616.86 Foote

Breaking Addiction: A 7-Step Handbook for Ending Any Addiction by Lance Dodes
2011. 616.86 Dodes

Inside Rehab: The Surprising Truth About Addiction Treatment—And How to Get Help that Works by Anne M. Fletcher
2013. 362.29 Fletcher

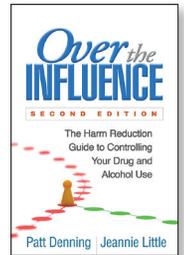
The Mindful Path to Addiction Recovery: A Practical Guide to Regaining Control Over Your Life by Lawrence A. Peltz
2013. 616.86 Peltz



Over the Influence: The Harm Reduction Guide to Controlling Your Drug and Alcohol Use by Patt Denning
2017. 362.29 Denning

Recovery: Freedom From Our Addictions by Russell Brand
2017. 616.86 Brand

What Addicts Know: 10 Lessons from Recovery to Benefit Everyone
by Christopher Kennedy Lawford
2014. 616.86 Lawford



ADDICTION AND THE FAMILY

Addict in the House: A No-Nonsense Family Guide Through Addiction & Recovery by Robin Barnett
2016. 616.86 Barnett

How to Raise a Drug-Free Kid: The Straight Dope for Parents by Joseph A. Califano, Jr.
2014. 649.48 Califano

It's Not About You, Except When It Is: A Field Manual for Parents of Addicted Children by Barbara Victoria
2012. 616.86 Victoria

The Journey of the Heroic Parent: Your Child's Struggle and the Road Home
by Brad M. Reedy
2016. 649.1 Reedy

